

# WOMEN'S GET-A-WAY WEEKEND



**MARCH 19 – 21, 2010**

## **Schedule – Friday, March 19<sup>th</sup>**

### **4:00** Check-In and Registration

Make appointments for spa/massage/facial services if not yet made  
Order your lunch for Saturday. Pick up all meal tickets  
Sign up for exercise classes

**DINNER is own your own tonight.** Lodge Restaurant is open until 9:00 pm tonight.

### **4:00 – 8:00 – Massages by appointment**

### **5:00- 9:00- Make and Take Beading Jewelry by Treo Treasures**

If you have ever wanted to learn to make your own jewelry, this is for you. Come and pick your own colors, styles, and accents. All materials and tools are provided. Costs are based on the beads you choose and the items you make

### **5:30 – 6:00 – Stretching/yoga class.**

No additional cost. (New Conference Room)

**7:00 Book Review** – Experience the unexpected from this Librarian, Theresa Prunty who will entertain and enlighten with her unique style! Bring your own favorite poem or better yet, a poem you wrote! Share with the group around the fireplace. No additional cost (Lodge Lobby)

**8:00 Meet and Greet with Lee's Studio consultants, Lynda Rhodes, and more!**  
This is a wonderful opportunity to ask questions and get to know each other! (Lodge Lobby)

Refreshments provided. Make your own sundae.

**Schedule continues ~**

## **Schedule – Saturday, March 20<sup>th</sup>**

**7:00 – 10:00**      **Breakfast Buffet** – Remember to bring your meal ticket

**8:00 – 8:30**      **Exercise class**~ No additional cost. (New Conference Room)

**9:00 – 4:00**      **Make You Own Basket** – No additional cost. (New Conference Room)

**9:30 Lee’s Make Up Class** – complimentary class! Join internationally renowned make-up artist and esthetician, Lee Eric Rector to learn the newest techniques from Merle Norman’s new Spring Color Collection! Spruce up your “look” by identifying what you need in your beauty arsenal. (Original Conference Room)

**9:00 – Throughout the day** – indulge in spa services offered through Lee’s Studio. By appointment only, 1 hour massage, spray tanning, Facials, Manicures, Pedicures, Hair Cuts and visit our BROW BAR (including waxing and shaping!) Massages in rooms 202 and 204; facials, manicures, pedicures, brow bar and haircuts. (Original Conference Room)

**10:30m- 11:30 – Finances for women** By Ryan Herb from the Hall Financial Advisors. LLC No additional cost. (New Conference Room)

**12:00 – Lunch** (bring meal ticket) and Lee’s Flatter Your Figure Seminar and Show. See the latest fashions and learn how to dress for your individual shape. Accentuate the positive. Lee Rector will speak and show some clothing ensembles that will help you look and feel your best!

**2:00 – Jim’s Cooking Class** -no additional cost (New Conference Room)

**3:00 –Lee’s Make Up Class** – complimentary class! Join internationally renowned make-up artist and esthetician, (Original conference room)

**4:30 – 5:30 Exercise class**~ No additional cost. (New Conference Room)

**5:00 – 6:30 – Dinner Buffet** (bring meal ticket)

**7:00 – 10:00 – Pursue Bingo**  
No additional cost – Light Refreshments provided

## **Schedule – Sunday, March 21<sup>th</sup>**

**7:00 – 10:00 Breakfast Buffet** (bring meal ticket)

Appointments ongoing for massage/facials/services as needed until Noon.

12:00 Check out of Lodge Rooms

**Continue to package information ~**

## **Package Information for Women's Get-A-Way-Weekend**

Packages include the following:

**Meals** - Make your own sundae Friday evening;  
Breakfast, Lunch, Dinner and Refreshments Saturday;  
Breakfast Sunday Morning.

**Activities** – Book Review, Make your own Basket, Lee's Make up Class,  
Finances for Women, Jim's Cooking Class, Exercise Class and Pursue Bingo.

### **Two Nights Lodging in North Bend Lodge**

#### **Package pricing:**

1 person, 2 nights lodging, meals and activities. – \$183.24

2 people, 2 nights lodging, meals and activities, – \$250.00

3 people, 2 nights lodging, meals, and activities – \$327.52

#### **Lee studio Price list**

Massages	\$50.00 per hr	\$25.00 1/2 hr
Spray Tanning	\$25.00	
Hair Cuts	\$30.00	
Mini Pedicures	\$25.00	
Mini Manicures	\$15.00	
Facials	\$75.00 - \$100.00	

**For more information or to make Women's Weekend reservations:**

## **North Bend State Park**

202 North Bend Park Road  
Cairo WV 26337

304-643-2931

[www.northbendsp.com](http://www.northbendsp.com)